



Wholesome Food

# High School Lunch Order Menu (2022)

All Lunch Orders  
need to be placed  
by 10:30am at  
the Canteen!!

<u>Rolls/Sandwiches</u>	<u>Price</u>		
		Turkey	\$4.50
Cheese	\$2.00	Turkey & Salad	\$6.00
Cheese & Tomato	\$2.50	Tuna	\$3.50
Chicken Roast Pcs (Gluten)	\$3.50	Tuna & Salad	\$5.50
Chicken Roast Pcs with Salad	\$6.00	<b>Wraps</b>	<b>Price</b>
Chicken Schnitzel with Salad	\$7.00	Chicken Schnitzel	\$5.50
Egg	\$2.00	Chicken Roast	\$5.00
Egg & Mayo	\$3.50	Chicken & Corn	\$5.00
Salad	\$4.50	Chicken Tender	\$5.00
Salad with Cheese	\$5.50	Salad	\$5.00

<u>Salad in a Container</u>	<u>Price</u>
Garden Salad	\$5.50
Garden Salad & Cheese	\$6.50
Garden Salad & Turkey	\$7.00
Garden Salad & Tuna	\$7.00
Garden Salad & Chicken Roast Pcs	\$7.00
Garden Salad & Chicken Schnitzel	\$7.50

## Hot Food

<u>Manoush/Pizza</u>	<u>Price</u>	<u>Pastry</u>	<u>Price</u>
Cheese	\$3.00	Meat Pie	\$3.50
Meat	\$3.00	Potato Pie	\$4.00
Larger Zaatar	\$3.00	Sausage Roll	\$2.50
		Spinach & Feta Roll	\$4.00
<b>Burgers</b>		Pastizzi (Ricotta & Spinach, 3pcs)	\$2.50
Beef	\$5.00	<b>Sausages</b>	
Chicken	\$4.50	Beef Sizzle	\$3.00
Chicken & Corn	\$5.00	Hot Dog	\$3.00
Chicken Tender	\$5.00	<b>Garlic Bread</b>	\$2.00
<b>Sauces (Tomato, BBQ, Sweet Chilli) 0.50¢ / Bread Roll 0.80¢</b>			

<u>Everything Chicken</u>	<u>Price</u>
Chicken & Corn	\$1.50
Kebab Stick	\$2.50
Chicken Wedges	\$3.50
Spicy Wings	\$3.50
Wing Things	\$3.50
Sweet Chilli Tenders	\$1.60
Chicken Tempura Nuggets	\$3.00
Popcorn Chicken	\$3.50
<b>Chicken/Beef Hot Noodles</b>	\$2.50
<b>Pasta</b>	
Lasagne Beef	\$4.50
Macaroni & Cheese	\$4.50

## Cold Drinks

Aloe Vera	\$3.00	Groove (Grape, Raspberry, Watermelon, Strawberry and Cream)	\$2.50
Fuze Iced Tea (Peach, Lemon)	\$3.50	Up & Go (Chocolate, Strawberry, Banana)	\$2.50
Lipton Tea (Peach, Lemon)	\$3.50	Water 350ml / 600ml	\$1.00/\$2.00
Nata (Strawberry, Grape, Mango, Lychee)	\$2.00	Pump (Original, Berry, lime)	\$3.50
Nippy's Juice 250ml (Apple, OJ)	\$1.50	Glee (Bubble Gum, Rasp., Blackcurrant - BC)	\$2.20
Nippy's Flavoured Milk 250ml / 500ml	\$2.20 / \$4	Glee Sour (Lime, Watermelon, BC)	\$2.20
Nippy's Fresh Juice 425ml (Apple, OJ)	\$3.50	Waterford (Orange/Mango/Rasp. / Lime / BC)	\$3.00
Powerade (Blue, Red, purple)	\$4.00	Vitamin Water	\$4.00
Barista Brothers	\$4.00	Mt Franklin Water	\$2.50

## Snacks

Bread Sticks / Eucalyptus	0.10¢ / 0.80¢	Ovaltine's	\$1.00
Variety of Chips (Noodles, Popcorn, Cornitos...)	0.60¢ - \$2.50	Muffin	\$2.00
Fruit Pieces (Seasonal)	0.60¢ - \$1.00	Yogo Snaps / Jelly Sticks	0.60¢ / 0.20¢
Hello Panda	\$1.20	Sumo Oreos	0.50¢
Lamington	\$1.50	Ice cream (Seasonal)	\$2.00 - \$4.00