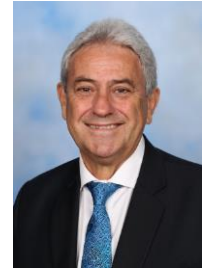




11 February 2021

Dear Parents/Guardians,

## NEWSLETTER



Assalamu Alaykum WRWB,

### Streaming of Friday Prayer and Sermon to all parents

Malek Fahd Islamic School values excellence in academic and spiritual development. The Friday sermon (khutbah) has been established to provide students the opportunity to develop in their spiritual wellbeing. Last week we had the opportunity to live stream the Khutbah to Year 12 parents as a pilot run. I am extremely excited to announce that from this week, the Friday Jum'ah Khutbah will be streamed live every Friday at 1.15pm. A huge thank you to our IT team for the setup of live streaming and to our Sheikhs for organising the Friday Khutbahs. To watch the Friday Khutbah please click on the link below:

<https://www.youtube.com/watch?v=WrvO-Z1Pimk>



Live streaming of the sermons has had a positive impact on our students as they are more focused and engaged in gaining Islamic knowledge.

### Primary Parents meet the Teacher Sessions

As informed previously, the School has organised sessions for parents to meet their child's teacher. This is an opportunity for you to introduce yourself to the Class Teacher, find out what the class and school expectations and routines are, and ask questions about how you can support your child to succeed and do their best. Due to COVID-19 restrictions, these sessions will be held at staggered times to limit the number of parents on campus.

### Hoxton Park Campus

#### Friday, 12<sup>th</sup> February

Year 1 – 9:00am to 9:30am

Years 2 and 3 – 9:30am to 10:00am

Year 4 and Kindergarten – 10:00am to 10:30am

Year 5 – 11:30am to 12:00pm

Year 6 – 12:00pm to 12:30pm

### Beaumont Hills Campus

**Tuesday, 16<sup>th</sup> February** in the School Hall at the following times:

Kindergarten – 9:00am

Years 1 and 2 – 9:45am

Years 3 and 4 – 10:30am

Years 5 and 6 – 11:30am

### Greenacre Primary Campus (all 30min sessions)

**Friday, 12<sup>th</sup> February**, two sessions:

Year 5 at 9.30am and Year 6 at 12.15pm

**Monday, 15<sup>th</sup> February**, two sessions:

Year 3 at 9.30am and Year 4 at 12.15pm

**Tuesday, 16<sup>th</sup> February**, two sessions:

Year 2 at 9.30am and Year 1 at 12.15pm

**Wednesday, 17<sup>th</sup> February** – Kindergarten at 9.30am

### Secondary Parents Information Session

Parent Information Sessions will be held for each campus. These sessions will also be made available through live streaming, details of which will be sent later from the Heads of Campus.

### Hoxton Park Campus

The Years 7 to 10 Parent Information Session was held on Wednesday, 10<sup>th</sup> February. An afternoon session will be held for Years 11 and 12 on **Wednesday, 24<sup>th</sup> February** at 2:30pm.

### Beaumont Hills Campus

**Wednesday, 17<sup>th</sup> February** at 7:00pm. The meeting will be streamed via Teams.

### Greenacre Secondary Campus

**Friday, 19<sup>th</sup> February** for Years 7 and 8 at 2.45pm

**Wednesday, 24<sup>th</sup> February** for Years 9 and 10 at 2.45pm

**Friday, 26<sup>th</sup> February** for Years 11 and 12 at 2.30pm

### School Photos

School photos for Greenacre Secondary, Beaumont Hills and Hoxton Park campuses will be held in the coming weeks. Please ensure students are in full school uniform and that haircuts comply with the School policy. During 2021 we encourage contactless payment through online ordering. Ordering photos will be simply a matter of visiting [www.msp.com.au](http://www.msp.com.au) (on desktop OR smartphone), entering your personalised SHOOTKEY printed on the envelope provided by MSP (which will be sent home with your child), selecting your preferred pack, and paying via the secure checkout. Cash payments may be submitted in the supplied MSP envelope and handed directly to the photographer on photo day. The scheduled dates are as follows:

**Tuesday 23 February:** Beaumont Hills K – 12 and Staff

**Tuesday 2nd March:** Greenacre Secondary Students and Staff

**Wednesday 31 March:** Hoxton Park K – 12 and Staff

### Healthy Lunchbox Week Parent/Carer Thank you!

Yesterday, Mariam Metwally, an Accredited and Practising Dietitian, co-founder and director of Tayyib Nutrition, presented an online parent webinar on “how food can affect mood and learning.” The session was facilitated by our Counselling Department and links in with the Free Fruit Stands at Secondary campuses and Healthy Lunch Box week competitions across primary campuses. We want to send a huge thank you to all our parents and carers who participated! We had around 100 participants log on and some very useful questions! If you would like a copy of the presentation slides, please email [counsellinggp@mfi.nsw.edu.au](mailto:counsellinggp@mfi.nsw.edu.au) and if you would like to connect with Mariam Metwally, you can do so on Instagram @tayyibnutrition.



## Healthy Lunchbox Week: Food, mood & learning

Mariam Metwally, APD  
Accredited Practising Dietitian, Director  
Tayyib Nutrition



Limit foods high in added fats, sugars and salt, such as lollies, chips and fried foods



- ↑ emotional & behaviour problems
- Children with least healthy diet 80% more likely to experience depression (1)

### School Uniform

Students must arrive at school each day looking neat, clean and presentable. A School tie is compulsory for the boys and the girls must only wear the plain white hijab. The hijab must be pinned and worn appropriately. Boy's top button must be done up and tie pushed up into the collar. Ankle socks are not permitted for boys and girls. Please ensure your child is in full School Uniform every day.

### 2021 School Term Dates

Please be advised following are the dates of schooling for 2021. These dates have been published on the school website.

Term 1 - Thu, 28th January to Thu, 1st April 2021

Term 2 - Tue, 20th April to Fri, 25th June 2021

Term 3 - Tue, 13th July to Fri, 17th September 2021

Term 4 – Wed, 6th October to Fri, 10th December 2021

### School Uniform Shop

All parents are required to schedule appointments for their child's school uniform through the Midford online via: <https://Midford.as.me/MalekFahdIslamicSchool> Online Store

Parents are welcome to purchase through the online store by:

- Selecting Malek Fahd Islamic School Uniform Shop from the online School Shops tab
- Registering a new account - the unique school pass phrase: Malek1989 will be required.
- Add your personal information, create a username and password

Should you require further information or details, please feel free to contact 0498 518 916.

Kind regards,

Mr Bruce Rixon  
Principal